



CARE



Anita cares.

POST-OP COMPRESSION & LYMPH SUPPORT GARMENTS 2025/2026

See our new lingerie and breast form catalogue for our latest lingerie and breast form articles



CARE

Our experience – your security

ANITA brand products are shaped by 5 generations of development experience. The company was founded in Dresden by Ernst Max Helbig in 1886. Nowadays, Georg Weber-Unger and his two sons are in charge of business operations. Apart from the headquarters in Upper Bavaria, the company also has 20 branch offices and 6 production sites in Germany and abroad with more than 1,600 employees.

Anita care and life power

A key element of the ANITA portfolio is Anita care. The brand was established more than 50 years ago by Dr Christine Weber-Unger, the mother of the company's current owner. It focused on the needs of women after breast surgery. Since then, the brand commitment **"Anita cares."** has stood for continuous product development.

Anita care concentrates particularly on the post-operative phases. Special products such as medical compression bandages support and stabilize the breast in the wound healing and therapy phase after breast surgery. For support, the Lymph O Fit™ products can be used for the upper and lower extremities.

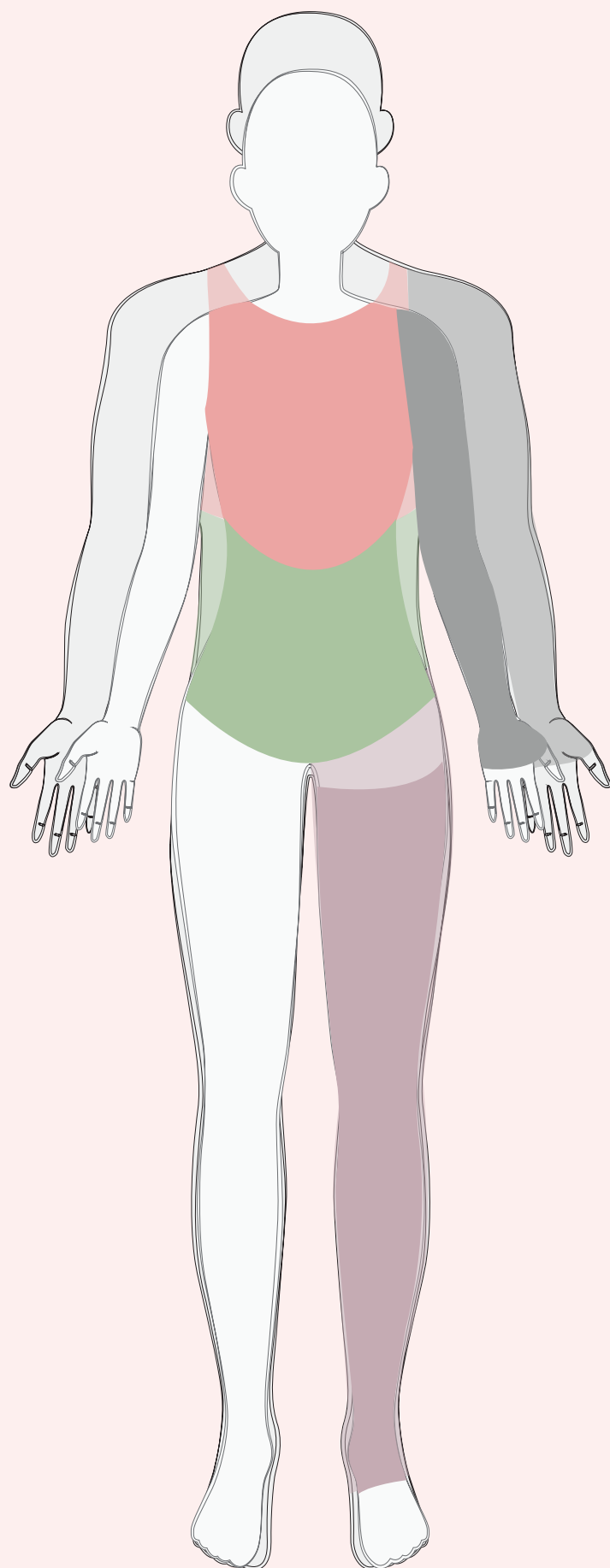
They achieve compression using an innovative 3D dot texture on the skin.

The Anita care range includes special underwear and swimwear with inner breast form pockets as well as silicone and textile breast forms. Anita care adapts to the body during the healing and recovery phase, in everyday routines, leisure activities and during athletic workouts. These special products unite individuality, functionality and refined design. They are developed and thoroughly tested in collaboration with medical experts and users.

Highly comfortable underwear

Apart from Anita care, the company's portfolio includes Anita since 1886, Rosa Faia, Anita maternity and Anita active. ANITA underwear offers women power in their daily lives. The garments adapt to female needs in any life situation for a personal sense of comfort.

Table of Contents



INTRO

History of Anita cares.	2
Time sequence for bra care of breast	4 – 5
Fabric features	6
Lymph relief with Lymph O Fit™	7
How a compression bandage works	9

BREAST

Almeria	10 – 11
Munich	12
Marbella	13 – 14
Valencia	15
Leeds	16 – 17
Osaka	18
Lima	19
Cosamia	20
Frontline open	21
Sydney	22
London	23
Accessories: Berlin, Lyon, Bari	24
Accessories: TriFirst, EquiLight	25

UPPER EXTREMITIES

Houston	26
Hamburg	27
Halifax	28
Helsinki	29

ABDOMEN

Ontario	30
Florence	31

LOWER EXTREMITIES

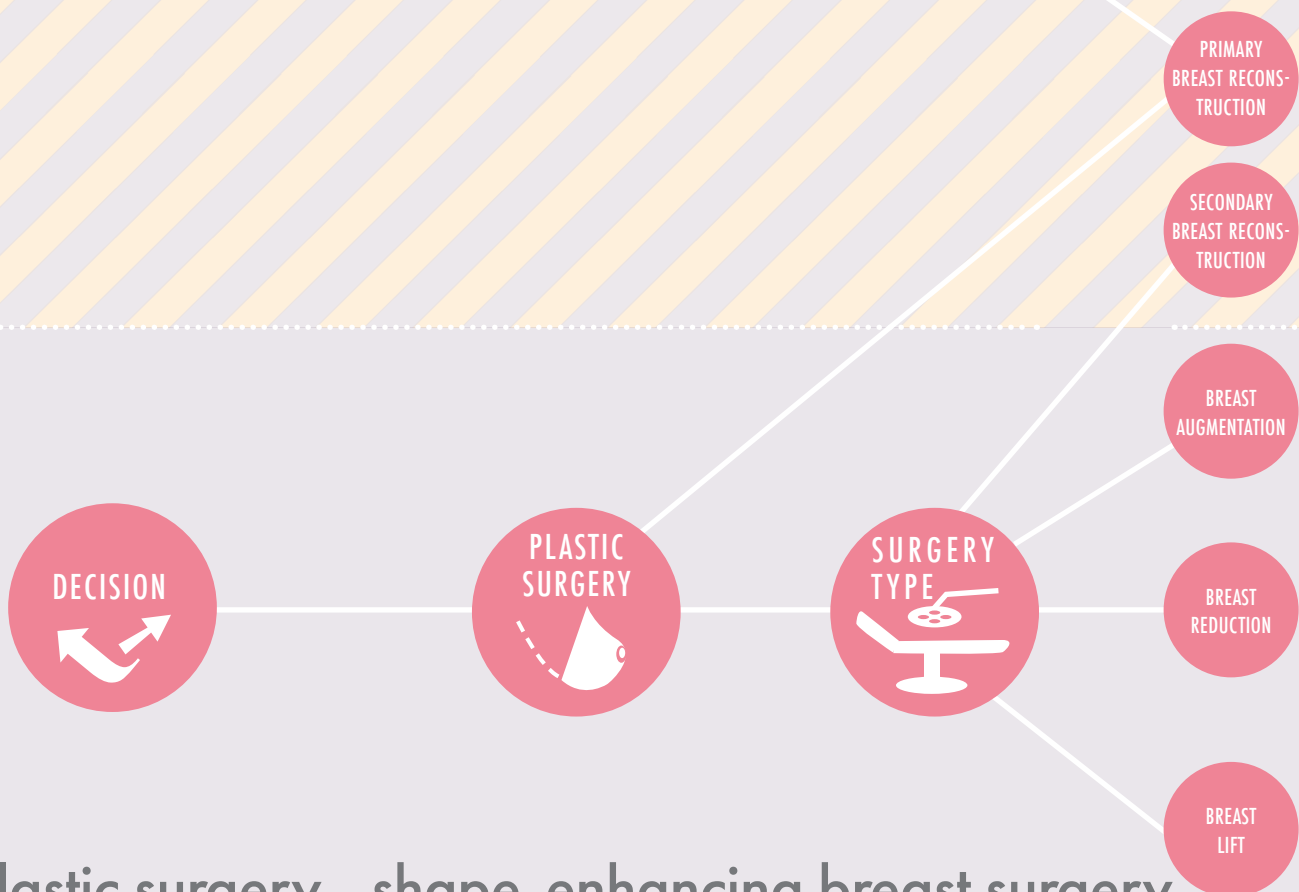
Adana / Elvas	32
Dubai	33

MORE INFORMATION

34 – 47

Time sequence for bra care of breast

Oncological surgery



Plastic surgery - shape-enhancing breast surgery

PHASE 1

POST-OPERATIVE CARE

IMMOBILISATION

Compression garment

Initial care textile
breast form if relevant

Compression garment

Initial care textile
breast form if relevant

1091L/R

Compression garment
+
Post-surgery belt if relevant

Compression garment
+
Post-surgery belt if relevant

Compression garment

Compression garment

PHASE 2

TREATMENT AFTER SECURED WOUND HEALING

TREATMENT OF SWELLING/SCARS

Initial bras + silicone partial
breast forms if necessary



LYMPH 0 FIT™

For treatment
of oedemas

Initial bras + silicone partial and
full breast forms if necessary



LYMPH 0 FIT™

For treatment
of oedemas

Wireless bras
Seamless cup processing



LYMPH 0 FIT™

For treatment
of oedemas



LYMPH 0 FIT™



ROSA FAIA
BEAUTYFULL

PHASE 3

TRANSITION TO EVERYDAY ROUTINES



CARE



ACTIVE



ROSA FAIA
BEAUTYFULL

LYMPH 0 FIT™



CARE



ACTIVE



LYMPH 0 FIT™

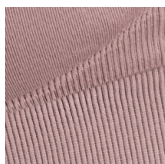


ACTIVE

ROSA FAIA
BEAUTYFULL

LYMPH 0 FIT™

Fabric features

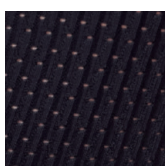
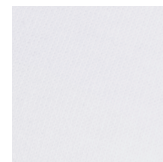


Seamless technology

- Seamless processing enables high elasticity
- Integrated anatomical zones
- 4108X Almeria

High-quality cotton

- Jersey stretch fabric made of cotton material
- Silky soft and skin-friendly
- Wrinkle-free and particularly durable
- 1094/1095 Marbella, 1198/1198X Valencia

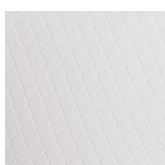
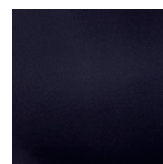


Functional and breathable mesh fabric

- Very robust fabric made of polyamide and elastane
- Lightweight, highly durable, and quick-drying fabric
- 1164 Munich, 1199 Osaka

Super-fine, smooth, and clean-cut fabric

- 4-way stretch fabric with soft feel and consistent compression
- 4111 Leeds

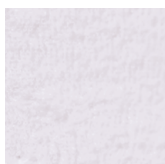
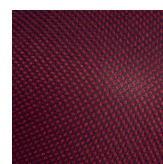


Silky smooth jacquard fabric

- Soft, elastic fabric with a refined look
- High-quality material with pronounced pattern and slight sheen
- 4-way stretch fabric with soft feel
- 1164 Munich

Breathable mesh fabric

- Fast-drying, sweat-absorbing, and anti-bacterial fabric
- This ultra-lightweight fabric is often used in the production of sportswear
- 1199 Osaka



Hydrophilic fabric (terry cloth)

- Moisture-regulating and particularly absorbent
- The integrated loops provide a larger fabric volume and therefore absorb the liquid
- 1199 Osaka

Semi-elastic fabric with cotton content

- Highly functional and breathable fabric
- High resilience and shiny look
- 1091L/R Sydney



3D dot texture

- Provides a micro-massage effect as the body moves
- Breathable fabric ensures a pleasant feeling on the skin
- 1100 London + 1110 LP/RP, 4111 Leeds, 2114 Dubai, 1113 Helsinki, 1114 Hamburg, 1115 Halifax, 2140 Houston, 1695.1 Adana, 1697.1 Elvas



CARE

Lymph relief with Lymph O Fit™

Lymph O Fit™

"Lymph O Fit™" is a specially developed material for lymphatic relief, characterised by an innovative 3D dot texture on the inside. The synergy effect between light compression and a micromassage can often help to improve the lymph flow and circulation in the affected areas, which can reduce swelling and prevent oedemas.

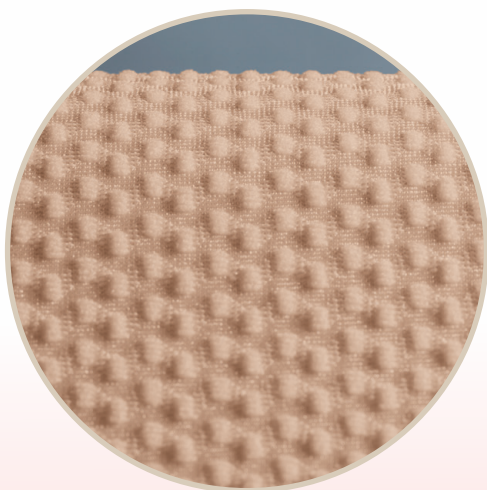
The gentle 3D compression stimulates the surrounding tissue and releases potential muscle tension. Our products are used as supplementary and supporting treatments for lipoedema, lymphoedema, oedema, recovery after surgery, thrombosis prevention and other vascular problems. The products can also be used for support during sports and for regeneration after sports.

Products are available with the Lymph O Fit™ principle in a bra, glove, arm sleeve, bolero and tights.

Lymph O Fit™ flaps can be optionally sewn into the bra, ensuring optimal support of a breast prosthesis.

www.anita.com/lymph-support

LYMPH O FIT™





Anita cares.



Compression garment

(bra for further treatment after breast surgery)

After breast surgery, a well-fitting compression bandage is the most important part of the dressing that protects and supports the breast. Immobilisation, one of the oldest medical principles, is important as the basis for good wound healing. That's why it's important that the compression bandage fits well and doesn't pinch. It should be comfortable and eliminate pain instead of causing it. The compression bandage should surround the breast and support it gently without significantly pushing it up. The compression helps to minimise swelling in the operated area and provides a gentle massaging effect as the body moves, which reduces oedema. It is often recommended to wear the compression bandage continuously, day and night, for six weeks after an operation.

How a compression bandage works

- Immobilisation of the breast to support wound healing
- Protects the operated breast – important part of the dressing after an operation
- Leads to a reduction of pain
- Anatomical shaping with gradient pressure distribution
- Compression reduces post-operative swelling
- Encourages better scar formation and a faster end result
- Can reduce the risk of a postoperative oedema

SOFT	MEDIUM	FIRM	ABLATIO
<ul style="list-style-type: none">• Skin-friendly fabric with bi-elastic stretch• Very adaptable• Light compression	<ul style="list-style-type: none">• Skin-friendly fabric with bi-elastic partial stretch• Adaptable• Medium compression	<ul style="list-style-type: none">• Skin-friendly, form-fitting fabric with mono-elastic stretch• High compression	<ul style="list-style-type: none">• Comfortable fabric with limited elasticity• For one-sided ablation• The sewn-in flap provides even compression in the surgical area

The requirements for an ideal compression bra are as diverse as the perspectives involved. At ANITA, we understand the different needs of women, surgeons and medical specialists, which is why we offer an extensive selection of compression bras. Each bra size is handled individually in our development process, which means that we also incorporate increasing strength for larger sizes.

Our goal is to help every woman to find a bra with the perfect fit and support, regardless of her size or specific needs, for comfort and security in the sensitive post-op phase.

Selection of the compression bandage and respective size should be made by a trained professional.



STYLE 4108X.408 + STYLE 1342.408

NEW

available in two colours
spring/summer 2025



Compression garment Almeria 4108X

1. Inner pockets on both sides allow the insertion of an initial breast form or the foam cups supplied
2. Knitted-in side breast support for optimum support
3. Zip with grip and underlaid hook fastener for easier handling when closing
4. Wide, soft straps are infinitely adjustable for a customised fit
5. Gently cut racerback for optimum relief with integrated, breathable zones

Indication / Special features

- After breast surgery, during the healing phase – for stabilisation and support
- Seamless compression bandage with seamless technology
- Stretchy cups suitable after breast reconstruction with autologous tissue
- Soft material offers high comfort in the post-surgery phase

AVAILABLE SIZES

D/EUR	XS – XXL
INT	XS – XXL
FR	XS – XXL

AVAILABLE COLOURS

127	mauve
408	anthracite

VIDEO

www.anita.com/almeria-bra



Scan code
for video

FABRIC

94% PA, 6% EL

Moulded cup
50% PES, 50% PU

40° C washable,
wash on delicates cycle





Compression garment Munich 1164

1. Seamless ruched cups made from single-layer, snug-fitting material
2. Flexibly adjustable during the healing process with 2-way adjustable hook and eye closure at the front in red
3. Elastic, breathable mesh in the back
4. Infinitely adjustable hook and loop fastener on the strap

Indication / Special features

- After breast surgery, during the healing phase – for stabilisation and support
- Stretchy cups suitable after breast reconstruction with autologous tissue
- Soft fabric offers high wearing comfort in the post-operative phase
- Can be worn with post-surgery belt for additional support

AVAILABLE CUP SIZES

D/EUR		FR	
AA/A – D/E	70 – 105	AA/A – D/E	85 – 120
F/G	70 – 95	F/G	85 – 110
GB/US		IT	
AA/A – D/E	32 – 46	AA/A – D/E	2 – 9
F/G	32 – 42	F/G	2 – 7

AVAILABLE COLOURS

001	black
006	white

FABRIC

66% PA, 29% EL, 5% PES

60° C washable

VIDEO

www.anita.com/munich-bra



Scan code
for video





Compression garment Marbella 1094

1. Double-layered, moulded cups made of stretch cotton fabric
2. Secure fit due to wide, elastic cotton waistband, soft and gentle on the skin
3. Practical zip with hook and eye closure underneath for easy closing
4. Infinitely adjustable hook and loop fastener on the strap

Indication / Special features

- After breast surgery, during the healing phase – for stabilisation and support
- Double cup sizes for more flexible adjustment and reduced warehousing
- Can be worn with post-surgery belt for additional support

AVAILABLE CUP SIZES

D/EUR

A	70 – 120
B/C	65 – 120
D/E	65 – 105

FR

A	85 – 135
B/C	80 – 135
D/E	80 – 120

GB/US

A	32 – 52
B/C	30 – 52
D/E	30 – 46

IT

A	2 – 12
B/C	1 – 12
D/E	1 – 9

AVAILABLE COLOURS

001	black
006	white

FABRIC

85% CO, 15% EL

60° C washable

VIDEO

www.anita.com/marbella-bra



Scan code
for video





MEDIUM

Compression garment (incl. post-surgery belt Sevilla 0055) Marbella 1095

1. Double-layered, moulded cups made of stretch cotton fabric
2. Secure fit due to wide, elastic cotton waistband, soft and gentle on the skin
3. Practical zip with hook and eye closure underneath for easy closing
4. Infinitely adjustable hook and loop fastener on the strap

Indication / Special features

- After breast surgery, during the healing phase – for stabilisation and support
- The special belt in a figure-hugging shape fastens at the back with hook and loop tape and closes at the front
- Double cup sizes for more flexible adjustment and reduced warehousing
- Post-surgery belt Sevilla 0055 can also be ordered separately

AVAILABLE CUP SIZES

D/EUR		FR	
A	70 – 120	A	85 – 135
B/C	65 – 120	B/C	80 – 135
D/E	65 – 105	D/E	80 – 120
GB/US		IT	
A	32 – 52	A	2 – 12
B/C	30 – 52	B/C	1 – 12
D/E	30 – 46	D/E	1 – 9

AVAILABLE COLOURS

001	black
006	white

FABRIC

85% CO, 15% EL
60° C washable

VIDEO

www.anita.com/marbella-bra



Scan code
for video





MEDIUM

Compression garment Valencia 1198 / 1198X

1. Pockets made of skin-friendly cotton
2. Double-layered, pre-shaped cups
3. Secure fit due to wide, elastic cotton waistband, soft and gentle on the skin
4. Practical zip with hook and eye closure underneath for easy closing
5. Infinitely adjustable hook and loop fastener on the strap
6. 1198 = without pocket opening (double-layered)
1198X = with additional side pocket opening (double-layered)

Indication / Special features

- After breast surgery, during the healing phase – for stabilisation and support
- Single cup sizes for more precise, individual adjustment & compression
- This garment's controlled compression for post-operative care following conservative breast cancer surgery will reduce post-surgical complications from 32% to 15%. It surpasses the traditional compression binding in terms of efficacy, safety and comfort (Source: medical study CIR-ORT 2014, Spanish Association for Senology and Breast Disease)

AVAILABLE CUP SIZES

D/EUR

A	70 – 110
B – C	65 – 110
D – E	65 – 105

FR

A	85 – 125
B – C	80 – 125
D – E	80 – 120

GB/US

A	32 – 48
B – C	30 – 48
D – E	30 – 46

IT

A	2 – 10
B – C	1 – 10
D – E	1 – 9

AVAILABLE COLOURS

001	black
047	champagne

FABRIC

60% CO, 25% EL,
10% PA, 5% PES
60° C washable

VIDEO

www.anita.com/valencia-bra



Scan code
for video





STYLE 4111.001 + STYLE 1697.1.001



MEDIUM

Compression garment Leeds 4111

1. Open ends (clean cut) and flat seams prevent pinching and minimise interruptions in the lymph flow
2. Double-layer, open clean-cut edge solution offers support and high wearing comfort
3. Flexibly adjustable during the healing process with 2-way adjustable hook and eye closure at the front
4. Continuous, wide and soft straps provide optimal relief and prevent pressure points

Indication / Special features

- After breast surgery, during the healing phase – for stabilisation and support
- For post-operative lymphoedema (for relief and aftercare)
- The special 3D dot texture achieves a light massage on the dermis in combination with the movement and supports the compression effect without straining
- Relief of the lymphatic drainage channels

AVAILABLE CUP SIZES

D/EUR

A – D	75 – 115
E	75 – 110
F	75 – 105

FR

A – D	90 – 130
E	90 – 125
F	90 – 120

GB/US

A – D	34 – 50
E	34 – 48
F	34 – 46

IT

A – D	3 – 11
E	3 – 10
F	3 – 9

AVAILABLE COLOURS

001 black

FABRIC

56% PA, 39% EL, 5% PES

VIDEO

www.anita.com/leeds-bra



Scan code
for video

60° C washable





FIRM

Compression garment Osaka 1199

1. Lining made of soft, hydrophilic terry cloth with no seams touching the skin
2. Flexibly adjustable during the healing process with 2-way adjustable hook and eye closure at the front
3. Slim, infinitely adjustable straps for individual fitting
4. Infinitely adjustable hook and loop fastener on the strap

Indication / Special features

- After breast surgery, during the healing phase – for stabilisation and support
- Firmer cups for stronger support
- Can be worn with post-surgery belt for additional support
- Tip: can be used as a sports bra after healing

AVAILABLE CUP SIZES

D/EUR		FR	
A – C	70 – 115	A – C	85 – 130
D – E	70 – 105	D – E	85 – 120
GB/US		IT	
A – C	32 – 50	A – C	2 – 11
D – E	32 – 46	D – E	2 – 9

AVAILABLE COLOURS

001	black
006	white

VIDEO

www.anita.com/osaka-bra



Scan code
for video

FABRIC

55% PES, 35% PA, 10% EL

40° C washable,
wash on delicates cycle





Compression garment Lima 4157

1. Seamless cups made of elastic material with a silky feel
2. Innovative compression bandage made from Clean-Cut fabric
3. Practical zip with hook and eye closure underneath for easy closing
4. Infinitely adjustable hook and loop fastener on the strap

Indication / Special features

- After breast surgery, during the healing phase – for stabilisation and support
- Excellent comfort for the wearer thanks to Clean-Cut comfort finish
- Smooth, sporty look thanks to the absence of edging and underbust straps
- Can be worn with post-surgery belt for additional support

AVAILABLE CUP SIZES

D/EUR	FR
B/C – D/E 70 – 90	B/C – D/E 85 – 105
GB/US	IT
B/C – D/E 32 – 40	B/C – D/E 2 – 6

AVAILABLE COLOURS

001 black

FABRIC

53% EL, 47% PA

60° C washable

VIDEO

www.anita.com/lima-bra



Scan code for video





SOFT

Soft bustier Cosamia 5310-1

1. Double-moulded cups made of soft, stretch fabric
2. Breast support between the fabric layers ensures firm hold
3. Super soft processing with reduced seams to the skin for a comfortable fit
4. Soft transition to the skin thanks to elastic bands between the two layers of fabric
5. Soft, padded comfort straps

Indication / Special features

- After breast surgery for particularly sensitive skin
- During and after radiotherapy
- Super-soft bra for protection, calming and relaxation

AVAILABLE CUP SIZES

D/EUR		FR	
A - D	75 - 100	A - D	90 - 115
GB/US		IT	
A - D	34 - 44	A - D	3 - 8

AVAILABLE COLOURS

436 dove

FABRIC

70% PA, 15% EL, 15% PES

40° C washable,
wash on delicates cycle





MEDIUM

Sports bra frontline open 5523

1. Flat, shaped seamless cups
2. Hook and eye closure at the front
3. Low elasticity Velcro-type fastener comfort straps with infinitely variable adjustment at front

Indication / Special features

- After breast surgery, during the healing phase – for stabilisation and support
- Functional, sporty and breathable bra with firm support
- Also ideal as a sports bra
- High-function, breathable material

AVAILABLE CUP SIZES

D/EUR		FR	
A – C	65 – 100	A – C	80 – 115
D – E	65 – 95	D – E	80 – 110
GB/US		IT	
A – C	30 – 44	A – C	1 – 8
D – E	30 – 42	D – E	1 – 7

AVAILABLE COLOURS

001	black
006	white
753	desert

FABRIC

40% PA, 25% PES,
20% EL, 15% CO
40° C washable,
wash on delicates cycle



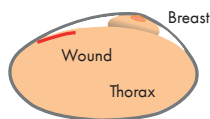


ABLATIO

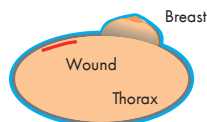
Compression garment after breast ablation Sydney 1091 L/R

1. Pocket on the left or right – for additional insertion of the post-surgical prosthesis; can be filled individually
2. Seamless, moulded cups
3. Hook and eye closure at the front

Conventional bandage
Inner recess:
uneven compression on the wound
Breast pressed against the torso:
uncomfortable for the wearer



1091 L/R bandage
No inner recess:
even compression on the wound
Breast supported:
comfortable for the wearer



Indication / Special features

- After breast surgery with ablation
- The interior consists of a panel around the thorax, which exerts optimal compression on the scar area, without putting pressure on the conserved breast
- Available as version for left (1091L) or right (1091R)

AVAILABLE CUP SIZES

D/EUR		FR	
A – C	70 – 110	A – C	85 – 125
D	70 – 105	D	85 – 120
GB/US		IT	
A – C	32 – 48	A – C	2 – 10
D	32 – 46	D	2 – 9

AVAILABLE COLOURS

734 light sand

FABRIC

65% PES, 20% PA,
10% EL, 5% CO

40° C washable,
wash on delicates cycle





Lymph relief bandage London 1100

1. Lymph O Fit™ is a specially developed material characterised by a 3D dot texture on the inside
2. 3-way adjustable hook and eye closure in the strap
3. Hook and eye closure at the front
4. Padded side support for gentle compression in the underarm area
5. Cut high in the back for circular compression for good support for lymphoedema in the armpit and back area

Indication / Special features

- For lymphatic drainage disorders in the chest and thoracic region
- The synergy effect between light compression and a micromassage can often help to improve the circulation and lymph flow in the affected areas
- Even and flat compression pressure prevents the formation of oedemas
- Flap 1110 LP/RP can also be incorporated (following ablation)

AVAILABLE CUP SIZES

D/EUR	FR
A - D 75 - 115	A - D 90 - 130
E 75 - 110	E 90 - 125
F 75 - 105	F 90 - 120
GB/US	IT
A - D 34 - 50	A - D 3 - 11
E 34 - 48	E 3 - 10
F 34 - 46	F 3 - 9

AVAILABLE COLOURS

001	black
006	white
007	sand

VIDEO

www.anita.com/london-bra



Scan code
for video

FABRIC

75% PA, 25% EL

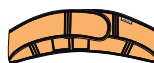
40° C washable,
wash on delicates cycle





Post-surgery belt Berlin 0059

Post-surgery belt Sevilla 0055



STYLE 0059
61% PES, 21% CO, 18% EL

STYLE 0055
58% PA, 24% CO,
9% PES, 9% EL

- The special belt in a figure-hugging shape fastens at the back with hook and loop tape and closes at the front
- Helps keep implants in place, prevents displacement
- 40° C washable

	Cup	D/EUR	GB	US	France	Italia
0059		S - XL	S - XL	S - XL	S - XL	S - XL

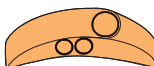
	Cup	D/EUR	GB	US	France	Italia
0055	A	70 - 120	32 - 52	32 - 52	85 - 135	2 - 12
	B/C	65 - 120	30 - 52	30 - 52	80 - 135	1 - 12
	D/E	65 - 105	30 - 46	30 - 46	80 - 120	1 - 9

FR	IT	GB/US	D/EUR	Cup A	Cup B	Cup C	Cup D	Cup E
80	1	30	65		S	S	S	S
85	2	32	70	S	S	S	S	S
90	3	34	75	S	S	S	S	S
95	4	36	80	M	M	M	M	M
100	5	38	85	M	M	M	M	M
105	6	40	90	L	L	L	L	L
110	7	42	95	L	L	L	L	L
115	8	44	100	XL	XL	XL	XL	XL
120	9	46	105	XL	XL	XL	XL	XL
125	10	48	110	XL	XL	XL		

OEKO TEX® STANDARD 100
98.0.1439
Hohenstein HTTI
www.oeko-tex.com



Post-surgery belt made from clean-cut fabric (seamless) Lyon 0058



STYLE 0058
53% EL, 47% PA

- Innovative post-surgery belt with clean-cut finish
- Helps keep implants in place, prevents displacement
- The special belt in a figure-hugging shape fastens at the back with hook and loop tape and closes at the front
- No edge bands (clean cut)
- 40° C washable

	Cup	D/EUR	GB	US	France	Italia
0058		S - XXL	S - XXL	S - XXL	S - XXL	S - XXL

FR	IT	GB/US	D/EUR	Cup A	Cup B	Cup C	Cup D	Cup E	Cup F	Cup G
80	1	30	65		S	S	S	S		
85	2	32	70	S	S	S	S	S	M	M
90	3	34	75	S	S	S	S	S	M	M
95	4	36	80	M	M	M	M	M	L	L
100	5	38	85	M	M	M	M	M	L	L
105	6	40	90	L	L	L	L	L	XL	XL
110	7	42	95	L	L	L	L	L	XL	XL
115	8	44	100	XL	XL	XL	XL	XL	XXL	XXL
120	9	46	105	XL	XL	XL	XL	XL	XXL	XXL
125	10	48	110	XL	XL	XL	XL	XL		
130	11	50	115	XXL	XXL	XXL	XXL	XXL		
135	12	52	120	XXL	XXL	XXL	XXL	XXL		

OEKO TEX® STANDARD 100
98.0.1439
Hohenstein HTTI
www.oeko-tex.com



Strap extension for compression garments Bari 5002



STYLE 5002
58% PA, 42% EL

- Strap extension for compression garments
- Elastic material with a silky feel
- No edge bands (clean cut)
- 40° C washable

	Cup	D/EUR	GB	US	France	Italia
5002		one size	one size	one size	one size	one size

OEKO TEX® STANDARD 100
98.0.1439
Hohenstein HTTI
www.oeko-tex.com

TRIFIRST



STYLE 1014X

Can be used on both sides

INITIAL CARE



75% CO, 25% PES

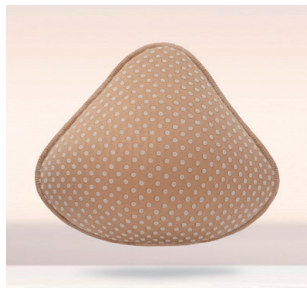
D/EUR: 60/65 – 110/115
INT: 1/2 – 11/12
FR: 75/80 – 125/130

007

- Initial care
- Textile, lightweight breast form
- Can be used on both sides
- Skin-friendly cotton surface in contact with the skin
- Moulded front
- Can be individually filled with medical fleece
- 40° C washable



EQUILIGHT



STYLE 1018X

Can be used on both sides

INITIAL CARE



55% PU, 35% PA, 10% EL

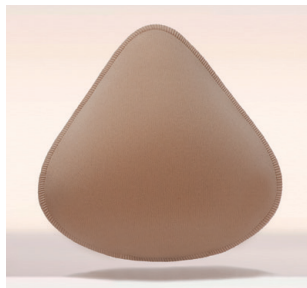
D/EUR: 60/65 – 110/115
INT: 1/2 – 11/12
FR: 75/80 – 125/130

722

- Initial care
- Textile, lightweight breast form
- Can be used on both sides
- Special coating on the front to secure in the bra
- Can be individually filled with medical fleece
- Hand wash



TRIFIRST



STYLE 1019X

Can be used on both sides

INITIAL CARE



60% PES, 35% PU, 5% EL

D/EUR: 50/55 – 110/115
INT: 00/0 – 11/12
FR: 65/70 – 125/130

007

- Initial care
- Textile, lightweight breast form
- Can be used on both sides
- The pre-shaped soft cup ensures an optimal breast shape
- Can be individually filled with medical fleece
- Hand wash





Lymph relief arm sleeves Houston 2140

1. Lymph O Fit™ is a specially developed material characterised by a 3D dot texture on the inside
2. Stepless adjustment at the front
3. Flat seams – no pressure points
4. Open ends (clean cut) and flat seams prevent pinching and minimise interruptions in the lymph flow

Indication / Special features

- For lymphatic drainage disorders in the arms
- After arm lift surgery, liposuction, lymph node transplant
- The synergy effect between light compression and a micromassage can often help to improve the circulation and lymph flow in the affected areas
- Even and flat compression pressure prevents the formation of oedemas
- Optional supplemental extension for the hand

WRIST		BICEPS	
SIZE	CIRCUMFERENCE	SIZE	CIRCUMFERENCE
1	14 – 15 cm	1	24 – 29 cm
2	16 – 17 cm	2	26 – 32 cm
3	17 – 18 cm	3	28 – 34 cm
4	19 – 20 cm	4	30 – 36 cm
5	20 – 21 cm	5	32 – 38 cm

ELBOW	
SIZE	CIRCUMFERENCE
1	23 – 25 cm
2	24 – 27 cm
3	25 – 29 cm
4	26 – 31 cm
5	27 – 33 cm

AVAILABLE COLOURS

- 001 black
- 007 sand

FABRIC

71% PA, 29% EL

40° C washable,
wash on delicates cycle





Lymphatic relief arm sleeve Hamburg 1114

1. Lymph O Fit™ is a specially developed material characterised by a 3D dot texture on the inside
2. Special cuff on the sleeve end to prevent slipping and pressure points
3. Flat seams – no pressure points
4. Open ends (clean cut) and flat seams prevent pinching and minimise interruptions in the lymph flow

Indication / Special features

- For lymphatic drainage disorders in the arm area
- The synergy effect between light compression and a micromassage can often help to improve the circulation and lymph flow in the affected areas
- Even and flat compression pressure prevents the formation of oedemas
- Optional supplemental extension for the hand

WRIST		BICEPS	
SIZE	CIRCUMFERENCE	SIZE	CIRCUMFERENCE
0	12 – 13 cm	0	22 – 27 cm
1	14 – 15 cm	1	24 – 29 cm
2	16 – 17 cm	2	26 – 32 cm
3	17 – 18 cm	3	28 – 34 cm
4	19 – 20 cm	4	30 – 36 cm
5	20 – 21 cm	5	32 – 38 cm

ELBOW	
SIZE	CIRCUMFERENCE
0	22 – 23 cm
1	23 – 25 cm
2	24 – 27 cm
3	25 – 29 cm
4	26 – 31 cm
5	27 – 33 cm

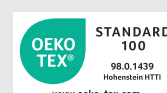
AVAILABLE COLOURS

- 001 black
- 007 sand

FABRIC

71% PA, 29% EL

40° C washable,
wash on delicates cycle





Lymphatic relief arm sleeve Halifax 1115

1. Lymph O Fit™ is a specially developed material characterised by a 3D dot texture on the inside
2. Special cuff on the sleeve end to prevent slipping and pressure points
3. Flat seams – no pressure points
4. Open ends (clean cut) and flat seams prevent pinching and minimise interruptions in the lymph flow

Indication / Special features

- For lymphatic drainage disorders in the arm and hand area
- The synergy effect between light compression and a micromassage can often help to improve the circulation and lymph flow in the affected areas
- Even and flat compression pressure prevents the formation of oedemas

WRIST

SIZE	CIRCUMFERENCE
0	12 – 13 cm
1	14 – 15 cm
2	16 – 17 cm
3	17 – 18 cm
4	19 – 20 cm
5	20 – 21 cm

BICEPS

SIZE	CIRCUMFERENCE
0	22 – 27 cm
1	24 – 29 cm
2	26 – 32 cm
3	28 – 34 cm
4	30 – 36 cm
5	32 – 38 cm

ELBOW

SIZE	CIRCUMFERENCE
0	22 – 23 cm
1	23 – 25 cm
2	24 – 27 cm
3	25 – 29 cm
4	26 – 31 cm
5	27 – 33 cm

AVAILABLE COLOURS

001	black
007	sand

FABRIC

71% PA, 29% EL

40° C washable,
wash on delicates cycle





Lymphatic relief glove Helsinki 1113

1. Lymph O Fit™ is a specially developed material characterised by a 3D dot texture on the inside
2. Shaped thumb base for good pressure distribution on the back of the hand
3. Flat seams – no pressure points
4. Open ends (clean cut) and flat seams prevent pinching and minimise interruptions in the lymph flow

Indication / Special features

- For lymphatic drainage disorders in the hand area
- The synergy effect between light compression and a micromassage can often help to improve the circulation and lymph flow in the affected areas
- Even and flat compression pressure prevents the formation of oedemas
- Optional supplemental extension

WRIST

SIZE	CIRCUMFERENCE
1	14 – 15 cm
2	16 – 17 cm
3	17 – 18 cm
4	19 – 20 cm
5	20 – 21 cm

HAND

SIZE	CIRCUMFERENCE
1	16 – 17 cm
2	18 – 19 cm
3	20 – 21 cm
4	22 – 23 cm
5	24 – 25 cm

FOREARM

SIZE	CIRCUMFERENCE
1	21 – 23 cm
2	22 – 25 cm
3	23 – 27 cm
4	24 – 29 cm
5	25 – 31 cm

AVAILABLE COLOURS

001	black
007	sand

FABRIC

71% PA, 29% EL

40° C washable,
wash on delicates cycle





Abdominal garment Ontario 2088

1. Breathable, softly padded abdominal garment
2. Height: 25 cm
3. Width and length adjustment: 10 cm
4. Steplessly adjustable using hook & loop fastener
5. Skin-friendly, breathable material

Indication / Special features

- After abdominal/thorax surgery
- For thorax trauma such as thoracic contusions or broken ribs
- After weight loss in the case of obesity
- Even, 360° compression to stabilise the abdominal area

WAIST	
SIZE	CIRCUMFERENCE
0	50 – 65 cm
1	65 – 80 cm
2	80 – 95 cm
3	95 – 105 cm
4	105 – 115 cm
5	115 – 125 cm
6	125 – 140 cm
7	140 – 150 cm

AVAILABLE COLOURS

006 white

FABRIC

55% PA, 16% PES,
13% CO, 8% EL, 8% CV
95° C washable





ReBelt Panty Florence 1885

1. Double-layered, limited elasticity body with side width adjustability (3 position-fastener)
2. Skin-friendly, breathable material
3. Comprehensive shaping of the tummy, hips and buttock area
4. 2-way adjustable hook and eye fastener

Indication / Special features

- After abdominal surgery
- After abdominal plastic surgery (e.g. after DIEP flap technique)
- After birth
- Supports the abdomen after a Caesarian section or abdominal operation
- Helps the tummy regain its shape after giving birth

PANTY GIRDLE SIZE

D/EUR 60 – 110

DRESS SIZE

D/EUR	34 – 54	FRANCE	36 – 56
GB	28 – 48	ITALIA	38 – 58
US	4 – 24		

AVAILABLE COLOURS

001	black
006	white
753	desert

FABRIC

70% PA, 30% EL

40° C washable



NEW

Available in black
spring/summer 2025

LYMPH 0 FIT™



Gentle compression tights with massage effect Adana 1695.1 / Elvas 1697.1

1. 3D micromassage through gentle compression and nub structure on the inside
2. Full effect of structured fabric extends from the heels to the back of the feet
3. Extra airy waistband
4. Clean cut comfort finish

Indication / Special features

- For lymphatic drainage disorders in the legs and groin
- As an accompanying therapy measure for lymphoedema, lipoedema, post-operative recovery, thrombosis prevention and other vascular problems
- Support during sports and for regeneration after sports
- Effective moisture transport and air permeability ensure a pleasant skin milieu

AVAILABLE SIZES

1695.1		1697.1	
D/EUR	36 – 48	D/EUR	50 – 52
GB	30 – 42	GB	44 – 46
US	6 – 18	US	20 – 22
FR	38 – 50	FR	52 – 54
IT	40 – 52	IT	54 – 56

AVAILABLE COLOURS

001 black

FABRIC

71% PA, 29% EL

40° C washable,
wash on delicates cycle





Gentle compression tights with massage effect Dubai 2114

1. 3D micromassage through gentle compression and nub structure on the inside
2. Full effect of structured fabric extends to the ankle
3. Extra airy waistband
4. Clean cut comfort finish

Indication / Special features

- For lymphatic drainage disorders in the legs and groin
- The synergy effect between light compression and a micromassage can often help to improve the circulation and lymph flow in the affected areas
- Even and flat compression pressure prevents the formation of oedemas
- As an accompanying therapy measure for lymphoedema, lipoedema, post-operative recovery, thrombosis prevention and other vascular problems
- Support during sports and for regeneration after sports

WAIST

SIZE	CIRCUMFERENCE
70	67 – 72 cm
75	72 – 77 cm
80	77 – 82 cm
85	82 – 87 cm
90	87 – 92 cm
95	92 – 97 cm
100	97 – 102 cm

THIGH

SIZE	CIRCUMFERENCE
70	41 – 50 cm
75	45 – 56 cm
80	49 – 60 cm
85	53 – 64 cm
90	57 – 68 cm
95	61 – 72 cm
100	65 – 76 cm

HIP

SIZE	CIRCUMFERENCE
70	93 – 97 cm
75	97 – 101 cm
80	101 – 105 cm
85	105 – 109 cm
90	109 – 113 cm
95	113 – 117 cm
100	117 – 121 cm

AVAILABLE COLOURS

001	black
007	sand

FABRIC

71% PA, 29% EL

40° C washable,
wash on delicates cycle



Properties of compression garments

Properties / Features	4108X Almeria	1164 Munich	1094 Marbella	1094 + 0055 = 1095 Marbella + Sevilla (Belt)	1198/ 1198X Valencia	4111 Leeds	1199 Osaka	4157 Lima	5310-1 Cosamia	5523 Frontline open	1091 L/R Sydney	2088 Ontario	1885 Florence
Page number in the catalogue	11	12	13	14	15	17	18	19	20	21	22	30	31
After plastic breast surgery such as breast reduction, breast lift, breast re-construction, enlargement with implants	•	•	•	•	•	•	•	•					
After reconstruction with autologous tissue	•	•											
After breast conservation therapy (BCT/partial surgery)	•	•	•		•	•	•	•	•	•			
After thorax surgery												•	
After abdominal surgery												•	•
Controlled compression in the area of the scar	•	•	•	•	•	•	•	•		•	•	•	•
Relieves lymph drainage pathways	•	•	•	•	•	•	•	•		•	•		
Helps the tummy regain its shape after birth												•	•
Flexibly adjustable during the healing process	•	•	•	•	•	•	•	•		•	•	•	•
Infinitely adjustable hook and loop fastener on the strap	•	•	•	•	•	•	•	•		•	•		
With zip	•		•	•	•			•					
Front fastener	•	•	•	•	•	•	•	•		•	•		
Hook and eye closure		•				•	•			•	•		•
Alpha Sizing (reduced size range)	•												
Double cups (reduced size range)		•	•	•				•					

Additional articles													
Suitable for use with post-surgery belt Berlin 0059	•	•	•		•		•	•					
Suitable for use with post-surgery belt Sevilla 0055			•										
Suitable for use with post-surgery belt Lyon 0058	•	•	•		•		•	•					

Material / Colours													
Min. 80% cotton content			•	•									
Min. 50% cotton content					•								
Available in black <div>001</div>		•	•	•	•	•	•	•		•			•
Available in white <div>006</div>		•	•	•			•			•		•	•
Available in champagne <div>047</div>					•								
Available in mauve <div>127</div>	•												
Available in anthracite <div>408</div>	•												
Available in dove <div>436</div>									•				
Available in light sand <div>734</div>											•		
Available in desert <div>753</div>										•			•
Washable at 40 °C	•			• (0055)			•		•	•	•		•
Washable at 60 °C		•	•	• (1094)	•	•		•					
Washable at 95 °C												•	

Properties of compression garments

Properties / Features	1100 London	1695.1/1697.1 Adana/Elvas	2114 Dubai	1113 Helsinki	1114 Hamburg	1115 Halifax	2140 Houston
Page number in the catalogue	23	32	33	29	27	28	26
After liposuction		•	•	•	•	•	•
For lymphatic congestion in the chest and thorax	•						
For mild lymphoedema	•	•	•	•	•	•	•
Relieves lymph drainage pathways	•	•	•	•	•	•	•
Light compression in the scar area	•	•	•	•	•	•	•
3-way adjustable hook and eye closure in the strap	•						
Front fastener	•						
Hook and eye closure	•						

Additional articles							
Flap 1110 LP/RP	•						

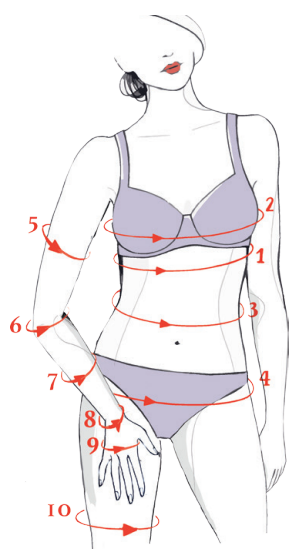
Material / Colours							
Available in black	001	•	•	•	•	•	•
Available in white	006	•					
Available in sand	007	•		•	•	•	•
Washable at 40 °C		•	•	•	•	•	•

Our Lymph O Fit™ items are often used to supplement conventional compression therapy.

How to find the perfect size for your customer step by step

When it comes to bras, base your measurements on a well-fitting bra, preferably one without underwires

The measured size serves as a guideline. The actual size for the best comfort of each customer can only be determined by trying the item on!



Method 1

Underbust measurement

Take the measurement (1) by holding the tape directly under the bust. This measurement determines the bra size.

Bust measurement

Take the bust measurement (2) by holding the tape horizontally over the widest point of the breast.

Use the chart to find out the cup size

Pants size

To work out the pants size, measure the waist (3) by holding the tape horizontally around the smallest part of the waist. Measure the hips (4) by holding the tape horizontally around the widest part of the hips.

If there is a considerable difference between the waist and hip measurement, always take the larger size.

Biceps

Measure the circumference of the upper arm (5) halfway between the shoulder and elbow.

Elbow

Measure the circumference of the elbow (6) right on the elbow joint.

Lower arm

Measure the circumference of the lower arm (7) halfway between the elbow and wrist.

Wrist

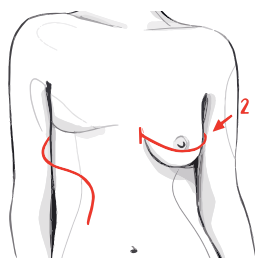
Measure the circumference of the wrist (8) at the narrowest part of the wrist.

Hand

Place your hand flat on a surface and measure its circumference in the centre (9).

Thigh

Measure the circumference of the thigh (10) horizontally halfway between the knee and hip.



Method 2

2. Bust measurement

Slightly lift the naked breast. Measure from the breastbone to the centre of the back. Deduct 2cm (0.8 in) and then double the resulting value.

(1. Underbust measurement and 2. cup size are calculated in the same way as with method 1)

D/EUR															
Dress size	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60
Dress size int.	XS	XS	S	S	M	M	L	L	XL	XL	XXL	XXL	XXXL	XXXL	XXXXL
Panty girdle size	55	60	65	70	75	80	85	90	95	100	105	110	115	120	125
Waist measurement cm (3)	52-57	57-62	62-67	67-72	72-77	77-82	82-87	87-92	92-97	97-102	102-107	107-112	112-117	117-122	122-127
Hip measurement cm (4)	81-85	85-89	89-93	93-97	97-101	101-105	105-109	109-113	113-117	117-121	121-125	125-129	129-133	133-137	137-141
Underbust measurement cm (1)	57,5-62,5	62,5-67,5	67,5-72,5	72,5-77,5	77,5-82,5	82,5-87,5	87,5-92,5	92,5-97,5	97,5-102,5	102,5-107,5	107,5-112,5	112,5-117,5	117,5-122,5	122,5-127,5	127,5-132,5
Underbust size	60	65	70	75	80	85	90	95	100	105	110	115	120	125	130
Bust measurement cm (2)															
AA	70-72	75-77	80-82	85-87	90-92	95-97	100-102	105-107	110-112	115-117	120-122	125-127	130-132	135-137	140-142
A	72-74	77-79	82-84	87-89	92-94	97-99	102-104	107-109	112-114	117-119	122-124	127-129	132-134	137-139	142-144
B	74-76	79-81	84-86	89-91	94-96	99-101	104-106	109-111	114-116	119-121	124-126	129-131	134-136	139-141	144-146
C	76-78	81-83	86-88	91-93	96-98	101-103	106-108	111-113	116-118	121-123	126-128	131-133	136-138	141-143	146-148
D	78-80	83-85	88-90	93-95	98-100	103-105	108-110	113-115	118-120	123-125	128-130	133-135	138-140	143-145	148-150
E	80-82	85-87	90-92	95-97	100-102	105-107	110-112	115-117	120-122	125-127	130-132	135-137	140-142	145-147	150-152
F	82-84	87-89	92-94	97-99	102-104	107-109	112-114	117-119	122-124	127-129	132-134	137-139	142-144	147-149	152-154
G	84-86	89-91	94-96	99-101	104-106	109-111	114-116	119-121	124-126	129-131	134-136	139-141	144-146	149-151	154-156
H	86-88	91-93	96-98	101-103	106-108	111-113	116-118	121-123	126-128	131-133	136-138	141-143	146-148	151-153	156-158
I	88-90	93-95	98-100	103-105	108-110	113-115	118-120	123-125	128-130	133-135	138-140	143-145	148-150	153-155	158-160
J	90-92	95-97	100-102	105-107	110-112	115-117	120-122	125-127	130-132	135-137	140-142	145-147	150-152	155-157	160-162

Cross-sizing chart

75B	75C	75D	75E	75F
80B	80C	80D	80E	80F
85B	85C	85D	85E	85F
90B	90C	90D	90E	90F
95B	95C	95D	95E	95F

The cross-sizing chart provides a simple way of finding your best fit. As you can see in the example shown here, your size has been measured as 85D. This can, however, be converted into two other „cross“, or equivalent, sizes.

Almeria

FR	IT	GB/US	D/EUR	Cup A	Cup B	Cup C	Cup D	Cup E
80	1	30	65	XS	XS	XS	S	S
85	2	32	70	XS	XS	S	S	M
90	3	34	75	S	S	S	M	M
95	4	36	80	S	S	M	L	L
100	5	38	85	M	M	L	L	XL
105	6	40	90	M	L	L	XL	XL
110	7	42	95	L	L	XL	XL	
115	8	44	100	XL	XL	XXL	XXL	
120	9	46	105	XL	XL	XXL	XXL	
125	10	48	110	XXL	XXL			
130	11	50	115	XXL	XXL			

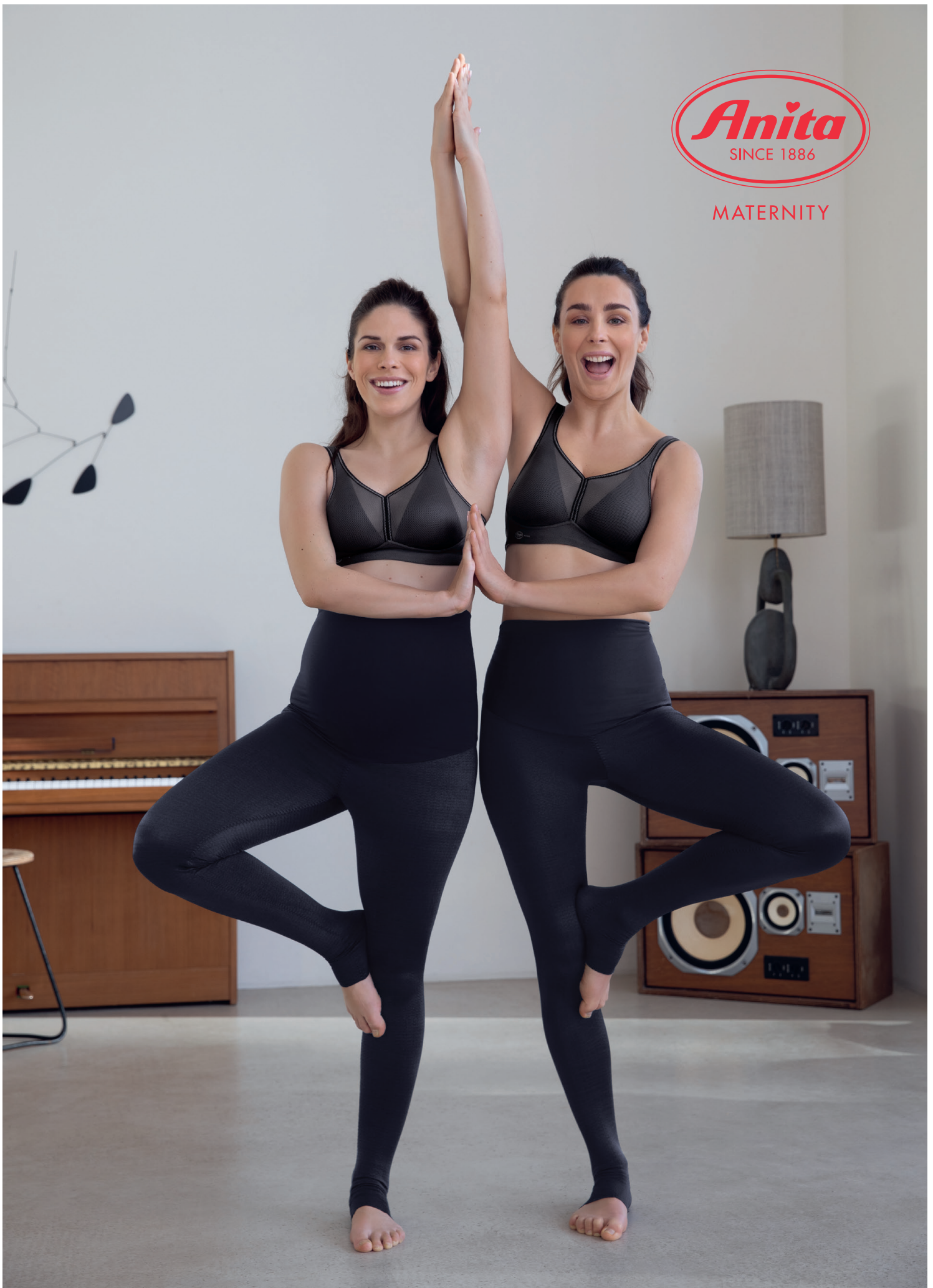
GB/US															
Dress size GB	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54
Dress size US	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
Dress size int.	XS	XS	S	S	M	M	L	L	XL	XL	XXL	XXL	XXXL	XXXL	XXXXL
Panty girdle size	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54
Waist measurement inch (3)	20,4-22,4	22,4-24,4	24,4-26,4	26,4-28,3	28,3-30,3	30,3-32,3	32,3-34,3	34,3-36,2	36,2-38,2	38,2-40,2	40,2-42,1	42,1-44,1	44,1-46,1	46,1-48,0	48,0-50,0
Hip measurement inch (4)	31,8-33,4	33,4-35,0	35,0-36,6	36,6-38,2	38,2-39,8	39,8-41,3	41,3-42,9	42,9-44,5	44,5-46,1	46,1-47,6	47,6-49,2	49,2-50,8	50,8-52,4	52,4-53,9	53,9-55,5
Underbust measurement inch (1)	22,6-24,6	24,6-26,6	26,6-28,5	28,5-30,5	30,5-32,5	32,5-34,4	34,4-36,4	36,4-38,4	38,4-40,4	40,4-42,3	42,3-44,3	44,3-46,3	46,3-48,2	48,2-50,2	50,2-52,2
Underbust size	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56
Bust measurement in inch (2)															
AA	27,5-28,3	29,5-30,3	31,5-32,2	33,4-34,2	35,4-36,2	37,4-38,1	39,3-40,1	41,3-42,1	43,3-44,0	45,2-46,0	47,2-48,0	49,2-50,0	51,2-51,9	53,1-53,9	55,1-55,9
A	28,3-29,1	30,3-31,0	32,2-33,0	34,2-35,0	36,2-37,0	38,1-38,9	40,1-40,9	42,1-42,9	44,0-44,8	46,0-46,8	48,0-48,8	50,0-50,8	51,9-52,7	53,9-54,7	55,9-56,7
B	29,1-29,9	31,1-31,8	33,0-33,8	35,0-35,8	37,0-37,8	38,9-39,7	40,9-41,7	42,9-43,7	44,8-45,6	46,8-47,6	48,8-49,6	50,8-51,6	52,7-53,5	54,7-55,5	56,7-57,5
C	29,9-30,7	31,8-32,6	33,8-34,6	35,8-36,6	37,8-38,5	39,7-40,5	41,7-42,5	43,7-44,4	45,6-46,4	47,6-48,4	49,6-50,4	51,6-52,3	53,5-54,3	55,5-56,3	57,5-58,2
D	30,7-31,5	32,6-33,4	34,6-35,4	36,6-37,4	38,5-39,3	40,5-41,3	42,5-43,3	44,4-45,2	46,4-47,2	48,4-49,2	50,4-51,2	52,3-53,1	54,3-55,1	56,3-57,1	58,2-59,0
E	31,5-32,2	33,4-34,2	35,4-36,2	37,4-38,1	39,3-40,1	41,3-42,1	43,3-44,0	45,2-46,0	47,2-48,0	49,2-50,0	51,2-51,9	53,1-53,9	55,1-55,9	57,1-57,9	59,0-59,8
F	32,2-33,0	34,2-35,0	36,2-37,0	38,1-38,9	40,1-40,9	42,1-42,9	44,0-44,8	46,0-46,8	48,0-48,8	50,0-50,7	51,9-52,7	53,9-54,7	55,9-56,7	57,9-58,6	59,8-60,6
G	33,0-33,8	35,0-35,8	37,0-37,8	38,9-39,7	40,9-41,7	42,9-43,7	44,8-45,6	46,8-47,6	48,8-49,6	50,7-51,5	52,7-53,5	54,7-55,5	56,7-57,5	58,6-59,4	60,6-61,4
H	33,8-34,6	35,8-36,6	37,8-38,5	39,7-40,5	41,7-42,5	43,7-44,4	45,6-46,4	47,6-48,4	49,6-50,3	51,5-52,3	53,5-54,3	55,5-56,3	57,5-58,2	59,4-60,2	61,4-62,2
I	34,6-35,4	36,6-37,4	38,5-39,3	40,5-41,3	42,5-43,3	44,4-45,2	46,4-47,2	48,4-49,2	50,3-51,1	52,3-53,1	54,3-55,1	56,3-57,1	58,2-59,0	60,0-61,0	62,2-63,0
J	35,4-36,2	37,4-38,1	39,3-40,1	41,3-42,1	43,3-44,0	45,2-46,0	47,2-48,0	49,2-50,0	51,1-51,9	53,1-53,9	55,1-55,9	57,1-57,9	59,0-59,8	61,0-61,8	63,0-63,8

France															
Taille de confection	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62
Taille de confection int.	XS	XS	S	S	M	M	L	L	XL	XL	XXL	XXL	XXXL	XXXL	XXXXL
Taille de gaine	80	85	90	95	100	105	110	115	120	125	130	135	140	145	150
Tour de taille cm (3)	52-57	57-62	62-67	67-72	72-77	77-82	82-87	87-92	92-97	97-102	102-107	107-112	112-117	117-122	122-127
Tour de hanches cm (4)	81-85	85-89	89-93	93-97	97-101	101-105	105-109	109-113	113-117	117-121	121-125	125-129	129-133	133-1 37	137-141
Tour sous-poitrine cm (1)	57,5-62,5	62,5-67,5	67,5-72,5	72,5-77,5	77,5-82,5	82,5-87,5	87,5-92,5	92,5-97,5	97,5-102,5	102,5-107,5	107,5-112,5	112,5-117,5	117,5-122,5	122,5-127,5	127,5-132,5
Tour sous-poitrine	75	80	85	90	95	100	105	110	115	120	125	130	135	140	145
Tour de poitrine in cm (2)															
AA	70-72	75-77	80-82	85-87	90-92	95-97	100-102	105-107	110-112	115-117	120-122	125-127	130-132	135-137	137-139
A	72-74	77-79	82-84	87-89	92-94	97-99	102-104	107-109	112-114	117-119	122-124	127-129	132-134	137-139	142-144
B	74-76	79-81	84-86	89-91	94-96	99-101	104-106	109-111	114-116	119-121	124-126	129-131	134-136	139-141	144-146
C	76-78	81-83	86-88	91-93	96-98	101-103	106-108	111-113	116-118	121-123	126-128	131-133	136-138	141-143	146-158
D	78-80	83-85	88-90	93-95	98-100	103-105	108-110	113-115	118-120	123-125	128-130	133-135	138-140	143-145	158-160
E	80-82	85-87	90-92	95-97	100-102	105-107	110-112	115-117	120-122	125-127	130-132	135-137	140-142	145-147	160-162
F	82-84	87-89	92-94	97-99	102-104	107-109	112-114	117-119	122-124	127-129	132-134	137-139	142-144	147-149	162-164
G	84-86	89-91	94-96	99-101	104-106	109-111	114-116	119-121	124-126	129-131	134-136	139-141	144-146	149-151	164-166
H	86-88	91-93	96-98	101-103	106-108	111-113	116-118	121-123	126-128	131-133	136-138	141-143	146-148	151-153	166-168
I	88-90	93-95	98-100	103-105	108-110	113-115	118-120	123-125	128-130	133-135	138-140	143-145	148-150	153-155	168-170
J	90-92	95-97	100-102	105-107	110-112	115-117	120-122	125-127	130-132	135-137	140-142	145-147	150-152	155-153	170-172

Italia															
Taglia abbigliamento	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64
Taglia abbigliamento int.	XS	XS	S	S	M	M	L	L	XL	XL	XXL	XXL	XXXL	XXXL	XXXXL
Misura guaina	0	0	1	2	3	4	5	6	7	8	9	10	11	12	13
Circonferenza del girovita cm (3)	52-57	57-62	62-67	67-72	72-77	77-82	82-87	87-92	92-97	97-102	102-107	107-112	112-117	117-122	122-127
Circonferenza dei fianchi cm (4)	81-85	85-89	89-93	93-97	97-101	101-105	105-109	109-113	113-117	117-121	121-125	125-129	129-133	133-137	137-141
Circonferenza del sottoseno cm (1)	57,5-62,5	62,5-67,5	67,5-72,2	72,5-77,5	77,5-82,5	82,5-87,5	87,5-92,5	92,5-97,5	97,5-102,5	102,5-107,5	107,5-112,5	112,5-117,5	117,5-122,5	122,5-127,5	127,5-132,5
Misura del sottoseno	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Circonferenza seno in cm (2)															
AA	70-72	75-77	80-82	85-87	90-92	95-97	100-102	105-107	110-112	115-117	120-122	125-127	130-132	135-137	140-142
A	72-74	77-79	82-84	87-89	92-94	97-99	102-104	107-109	112-114	117-119	122-124	127-129	132-134	137-139	142-144
B	74-76	79-81	84-86	89-91	94-96	99-101	104-106	109-111	114-116	119-121	124-126	129-131	134-136	139-141	144-146
C	76-78	81-83	86-88	91-93	96-98	101-103	106-108	111-113	116-118	121-123	126-128	131-133	136-138	141-143	146-148
D	78-80	83-85	88-90	93-95	98-100	103-105	108-110	113-115	118-120	123-125	128-130	133-135	138-140	143-145	148-150
E	80-82	85-87	90-92	95-97	100-102	105-107	110-112	115-117	120-122	125-127	130-132	135-137	140-142	145-147	150-152
F	82-84	87-89	92-94	97-99	102-104	107-109	112-114	117-119	122-124	127-129	132-134	137-139	142-144	147-149	152-154
G	84-86	89-91	94-96	99-101	104-106	109-111	114-116	119-121	124-126	129-131	134-136	139-141	144-146	149-151	154-156
H	86-88	91-93	96-98	101-103	106-108	111-113	116-118	121-123	126-128	131-133	136-138	141-143	146-148	151-153	156-158
I	88-90	93-95	98-100	103-105	108-110	113-115	118-120	123-125	128-130	133-135	138-140	143-145	148-150	153-155	158-160
J	90-92	95-97	100-102	105-107	110-112	115-117	120-122	125-127	130-132	135-137	140-142	145-147	150-152	155-157	160-162



MATERNITY





Relieves
the back

BabyBelt+

- Maternity belt with reinforcing elements
- To support the tummy during pregnancy
- Relief and support for back and pelvic pain
- Integrated support straps and stabilising back rods
- Infinitely adjustable throughout your entire pregnancy

STYLE 1710 · C4

51% PA, 21% EL, 16% CO, 7% PU, 5% CV

D/EUR: XS – XL
INT: XS – XL
France: XS – XL

40° C washable,
wash on delicates cycle



001 006



MATERNITY



Miss Fantastic

- Massaging and toning structure; power fabric with massage effect
- Ideal support throughout pregnancy, during sports and in everyday life as well as for long periods spent standing, sitting and walking
- Extremely soft waistband that can be worn at different heights, also below the tummy
- Can be worn during and after pregnancy

STYLE 1888 · C3

76% PA, 24% EL

D/EUR: 36 – 52
GB: 30 – 46
US: 6 – 22
France: 38 – 54
Italia: 40 – 56

40° C washable,
wash on delicates cycle



001



sport tights compression

- Massaging and toning structure power fabric
- Breathable, comfortable multiway-stretch fabric
- Soft, super comfortable waistband
- Small pocket included in the waistband

STYLE 1687 · A4

72% PA, 28% EL

D/EUR 36 – 48
GB 30 – 42
US 6 – 18
France 38 – 50
Italia 40 – 52

40° C washable,
wash on delicates cycle



001 342 847



sport tights massage

- Massaging and toning structure power fabric
- Increased endurance and energy thanks to better blood circulation
- Shorter muscle fatigue and recovery times
- Soft, super comfortable waistband

STYLE 1676 · A4

79% PA, 21% EL

D/EUR 36 – 48
GB 30 – 42
US 6 – 18
France 38 – 50
Italia 40 – 52

40° C washable,
wash on delicates cycle



474 478 480

480

New print



Beauty Shaper

- Longleg panty girdle (clean cut)
- Highly functional shapewear pants made of two compression materials for perfect support
- Lightweight compression fabric supports and compresses the bottom
- Firm dotted fabric massages and tones the abdomen and leg area

STYLE 1786 · C2

66% PA, 34% EL

D/EUR: S – XXL
INT: S – XXL
France: S – XXL

40° C washable,
wash on delicates cycle



001 722



Beauty Shaper

- Panty girdle (clean cut)
- Highly functional shapewear pants made of two compression materials for perfect support
- Lightweight compression fabric supports and compresses the bottom
- Firm nubs massage and tone the abdominal area

STYLE 1787 · C2

56% PA, 44% EL

D/EUR: S – XXL
INT: S – XXL
France: S – XXL

40° C washable,
wash on delicates cycle



001 722

You can download the current
Anita since 1886 catalogue at: **b2b.anita.com**





CARE



STYLE 5768X.753 + 1343.753 + 1036X.007
STYLE 5785X.107 + 1342.107
STYLE 5706X.007 + 1343.753 + 1066X.007



Anita cares.

ANITA breast forms

- Exceptional skin and body compatibility
- Quickly adapts to the body temperature
- Weight, texture and movement highly resembles that of the natural breast
- Long lifetime

For detailed information about our prosthetics, please download our current Anita care catalogue "Lingerie & Breast Prostheses" online at: b2b.anita.com

ANITA – a family business since 1886.

For nearly 140 years now, the company ANITA Dr. Helbig has represented special lingerie and swimwear, perfect fits, uncompromising comfort and top quality.

All our products are developed and designed in Brannenburg, Upper Bavaria, at the foot of the Alps.

We operate five in-house production sites,
run 20 of our own companies and have roughly 1,600 employees around the world.

Every day, we go the extra mile for the women who wear our lingerie and swimwear to improve their quality of life, comfort and sense of well-being.

With our brand portfolio, we cover women's varying needs through all phases of life. Apart from **Anita care**, you will find an extensive selection of styles in our other lines that satisfy all the different requirements for lingerie.

The five brands **ROSA FAIA**, **Anita since 1886**, **Anita maternity**, **Anita active** and **Anita care** specialise in different target groups.

But they all share the same excellent fit, unrivalled comfort and impeccable quality.

You can confidently recommend ANITA to your customer even after surgery:

ANITA – Highly comfortable underwear



"The beauty of comfort" –
This slogan says it all: highly functional
underwear and swimwear is offered
all the way to a J cup.

ROSA FAIA
BEAUTYFULL

Beautyfull – Underwear with a
full-cup range from A-J cup as well
as matching swimwear.



ACTIVE

The brand for perfect support during sports –
all the way to a K cup. Along with highly
functional and award-winning sports bra,
you can also find high-performance sports tights –
everything you need for perfect support during
your workout.

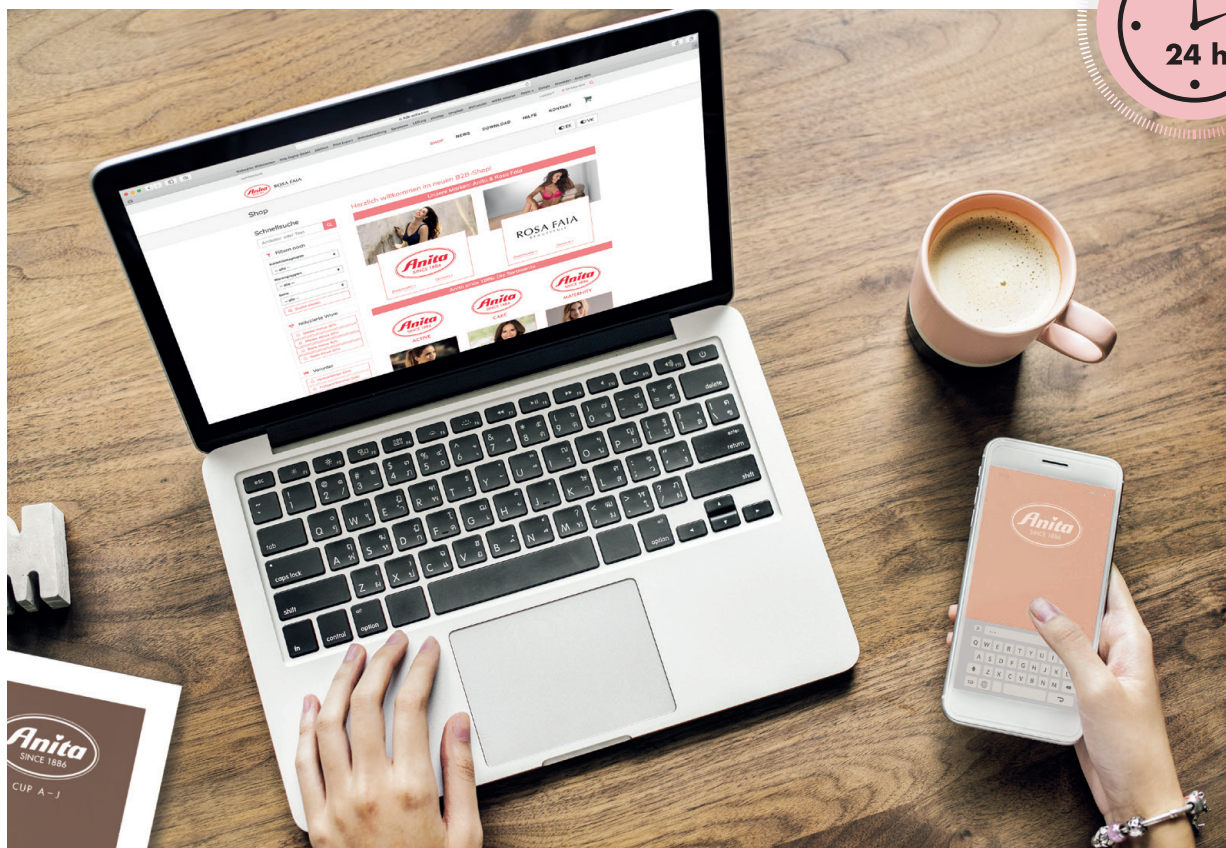


MATERNITY

During pregnancy, nursing and recovery,
the female body needs special support.
Our Maternity range offers support all the
way from A-L cups.

Are you already enjoying the benefits of our ANITA online ordering service (B2B)?

Use your very own B2B account and place orders quickly and easily via our online shop at **b2b.anita.com**. To do this, simply contact your ANITA customer service and start enjoying the many benefits of an online account.



- ➡ Products can be ordered quickly and easily from all ranges
- ➡ Quick turnaround from ordering to delivery
- ➡ Private account showing order summary
- ➡ No time constraints; orders can be placed 24/7
- ➡ Images, videos and logos available for download
- ➡ Catalogues, sales folders, print ads and social media posts for download
- ➡ Register for the B2B newsletter

Taking RESPONSIBILITY

We take responsibility – for our employees, our products and our planet.



ENERGY

Our new headquarters in Brannenburg were built in line with the highest standards for ecology and energy efficiency. We have installed solar panels in Brannenburg, Matrei, Portugal & Thailand, allowing us to cover around 30% of our power requirements at these sites with green power we have produced ourselves.



PRODUCTION

We are a 100 per cent family-owned company and our products are manufactured 80% at our own production sites, which work to the highest European quality standards no matter where in the world they are. Good working conditions and fair wages are two things that all of our sites have in common.



RAISING
AWARENESS

We are extremely proud of all of our employees, who contribute so many creative ideas that enable us to keep heading in the right direction in the work that we do every day. These could come in the form of suggestions for recycling within the production cycle or comments that constantly keep us on track as far as sustainability is concerned within our processes.



QUALITY AND
AWARENESS

We design and produce durable products of a high quality standard that basically last forever. And we show respect for people and the environment in our production processes. Our products are manufactured with care and are subject to quality control checks before they make their way to the end consumers. On average, they are made up of 25 parts and pass through around 50 pairs of hands throughout the whole process.



TRUST AND
FAIRNESS

By promoting fair treatment across the board, we are able to see partnerships blossoming. We aim to establish long-standing relationships with our suppliers that are built on trust. In fact, we have been working with some of our partners for more than 60 years now. It is our mission to encourage everyone to treat each other with respect, both within our company and around the world.

Shapefactor

A system developed by ANITA to quickly identify the right product

for example:

Cup A		• • • • • Available sizes
D/EUR	70 – 120	
GB/US	32 – 52	
FR	85 – 135	
IT	2 – 12	
<hr/>		
	001 006	• • • • • Available colours

colour key

001 = black	436 = dove
006 = white	474 = orinoco
007 = sand	478 = arcade
009 = original	480 = bubble grey
047 = champagne	722 = deep sand
107 = smart rose	734 = light sand
127 = mauve	752 = torso-sand
342 = jeans	753 = desert
408 = anthracite	847 = dark olive

Material key

CO = cotton
CV = viscose
EL = elastane
PA = polyamide
PES = polyester
PU = polyurethane

Functional description

C2 = medium function
C3 = firm function
C4 = high function
A4 = maximum support

Fit

The correct size should be selected by trained specialist personnel and should not be too tight.

Special features



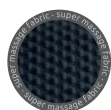
With high cotton content



**STANDARD
100**

98.0.1439
Hohenstein HTTI

www.oeko-tex.com



Massaging and toning structure;
power fabric with massage effect



Allround shaping effect



All Anita care Post-OP Compression Garments and Lymph O Fit™ Garments bear the CE mark.



ANITA Dr. Helbig GmbH, Grafenstr. 23, D-83098 Brannenburg
Telephone: +49 (0) 8034/301-0, E-Mail: anita.d@anita.net

It's easy to order online at **b2b.anita.com**

Our support for you at the POS

PAPER CARRIER BAGS

W119Y

22x27,5 cm / 9 x 11 inch

Size: Small

1 VE = 25 pcs.



W129Y

32x27,5 cm / 13 x 11 inch

Size: Big

1 sales unit = 25 pcs.



SHOP WINDOW DECALS

„Anita“ W111Y

50x30 cm / 20 x 12 inch

SHOP WINDOW DECALS

„Cup“ W110Y

Ø 27 cm / 11 inch



BANNER WINDOW DECALS

„Anita“ W112Y

100x14 cm / 39x6 inch

TORSO

0117.752

EUR size: 75C / 38

GB/US size: 34C / 32 / 8

FR Taille : 90 C / 40

IT Taglia: 75C / 38

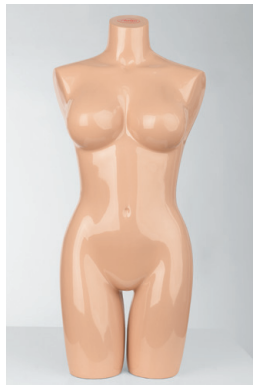
Dimensions: 95x41x34 cm

37x16x13 inch

Material: glass fibre-reinforced plastic

Weight: approx. 5 kg

Colour: torso-sand



HALF TORSO

0118.009

EUR size: 75C

GB/US size: 34C

FR Taille: 90 C

IT Taglia: 75C

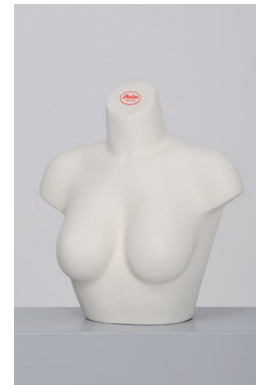
Dimensions: 46x56x17 cm

18x22x7 inch

Material: fibre-reinforced polyester

Weight: approx. 2,5kg

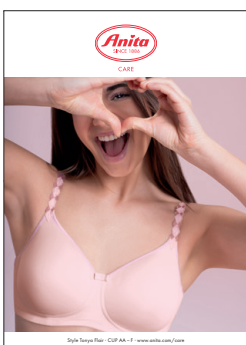
Colour: original



FLIP DISPLAY

V663Y

DIN A3: 29,7x42,0 cm / 11,7x16,5 inch



4706X.279
4705X.462
5706X.007+1760.007
5782X.001+1382.001
5349X.707+1451.707
5726X.001+1343.001
5785X.392
5769X.769
5768X.001+1342.001
TriProVita

WASHBAG

G025

1 VE = 20 pcs.

100% PES

006



BREAST FORM PRESENTER POS

V604Y

(25 x 23 x 40 cm / 9,8 x 9,0 x 15,7 inch)





STYLE 4108X.408

You will find special lingerie and breast forms in the catalogue Anita care "Lingerie & Breast forms".



CARE

b2b.anita.com



V8515E - 11/24